

2014 BREAKOUT SESSIONS AT A GLANCE

LOCATION ROOMS	CLINICAL MH IND TRAUMA ACADEMY	ETHICS & LEGAL ISSUES ACADEMY	COLLEGE & CAREER ACADEMY	SCHOOL COUNSELING ELE/MIDDLE	SCHOOL COUNSELING MIDDLE/HIGH	GRAD STUD NEW COUNS ACADEMY	MILITARY COUNSELING ACADEMY	SUBSTANCE ABUSE ACADEMY	*RETIRED COUNSELORS	*SUICIDE ASSESSMENT/ TREATMENT (GENERAL SESSION ROOM) Dr. Connie Callahan
Early Bird Thursday 7:30 – 8:15	100A- <i>Internationalization of Professional Counseling: Some Suggestions for Counselors, Counselor Educators and Administrators</i> Dr. Daya Sandhu and Dr. Jeffrey Parsons		100B- <i>Range of College and Career Opportunities through ROTC</i> Christopher Rowland	100C - <i>Ninjas, Warriors & Other Big Energy Boys</i> Dr. Loretta Dye	100D <i>Yoga Calm in the Classroom</i> Tanay Moore		100E – <i>Post Traumatic Epilepsy and Veterans: The Missed Diagnosis</i> John L. Mustain			
Sessions 101 - 111 Thursday 8:20 – 9:10	101 <i>Trauma 101: An Overview of Childhood Trauma</i> Melissa Gross 102 <i>Counseling to Make Marriage Work</i> Dr. Maurice McCormick 103 <i>Understanding Communication in Dysfunctional Families</i> Dr. Larry Sexton	104 – <i>The 2014 Code of Ethics: A Review of Critical Changes The Highlights - part 1</i> Erin Martz	105 – <i>Career and Technical Education: The VanGuard of College and Career Readiness</i> Christy Tankersley- O'Dell and Dr. Ken Talley	106 – <i>Play Therapy: Building Emotional Literacy</i> Amy Holsinger 107 – <i>Survival Skills for New Counselors</i> Heather Watson	108 – <i>LBGT Culture in Adolescents</i> Jasmine Young; Dr. Kristin Douglas; Dr. Samir Patel 109 – Room <i>How School Counselors Can Use Data</i> Joe Prather *Parking Lot – <i>College Info Road Show</i>	110 - <i>Synchronous Online Counselor Education and Training</i> Dr. Martin Wesley; Dr. Gary Patton; Dr. Jason Bluemlein Or Suggested Session: 103 – <i>New ACA Code of Ethics – part 1</i>	111 – <i>Operation Eagle Watch: Families and Military Post- deployment</i> Dr. Mary Bemker & Richard Holladay	112– <i>Substance Abuse Treatment Approaches for Teens and Young Adults</i> Mitch Plumlee	Select A Session	AMSR – Dr. Connie Callahan
Sessions 201 – 212 Thursday 9:20 – 10:10	201 <i>Trauma 101: Secondary Trauma in Child Service Work</i> Melissa Gross 202 <i>Psychological and Social Treatment of Sleep Disorders in the DSM5</i> Dr. Daniel Williamson, Dr. Jennifer Williamson	203 - <i>The 2014 Code of Ethics: A Review of Critical Changes The Highlights - part 2</i> Erin Martz	204 - <i>Promote Your Practice: Develop and Enhance Your School, Agency, or Private Practice Website</i> Dr. Cheryl Wolf, Dr. Stephen Kennedy 205 – <i>The Importance of “Planned Major” when Students Register for the ACT</i> Dr. Joe Dell Brasel	206 – <i>Upstanders Club (Anti-Bullying Program)</i> Sue Stickley 207 – <i>Understanding Special Education Disability Categories and Ramifications for Schools</i> Julie Donlon	208 – <i>A Primer on NCAA Initial Eligibility Requirements</i> Matthew Banker 209 – <i>Wit and Wisdom for Counselor Leaders</i> Patricia Hurt *Parking Lot – <i>College Info Road Show</i>	Suggested Session: 203 – <i>New ACA Code of Ethics – part 2</i> Or Select a Session	210 – <i>Mind over Matter: Psychological Barriers to Seeking Mental Health Counseling in Appalachia</i> Dr. Melinda Mays, Dr. Nicole Schnopp-Wyatt, Dr. Gary Patton, Dr. Linda Koenig and Jennifer Jeffers	211 – <i>Isaiah House NeuroElectric Therapy (NET) Program</i> Corey Wilson & Co-presenter	Suggested Session: 209 - <i>Wit and Wisdom for Counselor Leaders</i> Pat Hurt	AMSR – Dr. Connie Callahan

10:30 –11:30	GENERAL	SESSION	IN	TAYLOR/WHITLEY						
11:45-1:00	LUNCHEONS	KSCA CORONET A	LPCC/LPCA CORONET B		EXHIBIT HALL BOX LUNCH					
Sessions 301 – 312 Thursday 1:10 – 2:00	301 <i>Crisis Management and Intervention for Mental Health Professionals</i> Dr. Kathy Walczak	302 – <i>Preparing to be an Expert or Lay Witness</i> Dr. Imelda N. Bratton; John Wallace, J.D. Attorney	303 - <i>The Social Side of Career</i> Dr. Amber Hughes 304 – <i>What Counselors Should Know About Gifted and Talented Students</i> Dr. Julia Link Roberts	305 – <i>The ABC's of Play Therapy</i> Amy Holsinger 306 – <i>Integrating Sensory Strategies and Movement to Enhance Attention and Learning</i> Laura Cullens	307 – <i>Learning to Integrate the Kentucky ILP</i> Pamela Gabbard, Jennifer Smith 308 - <i>Statewide Family Organization: How We Help Families</i> Joy Varney	309 – <i>Thriving and Surviving: A Self-Care Toolkit for the Counseling Profession</i> Dr. Susannah Coaston Dr. Jennifer Sharp	310 <i>Military OneSource Non- Medical Counseling and How to Help Series</i> Kathy Huck	311 <i>Heroin and Prescription Drug Abuse: What's a Counselor to Do?!?! Geoff Wilson</i>		AMSR – Dr. Connie Callahan
Sessions 401 – 411 Thursday 2:10 – 3:00	401 - <i>Impact of Bullying on Mental Health – A Personal Story</i> Sumi Mukherjee 402 – <i>Creating Your Niche in the Counseling Industry</i> Janet Vessels	403 – <i>The DSM5 and Best Ethical Practices- part 1</i> Dr. Ken Engebretson	404 – <i>ACT Aspire: Supporting Students' Path to College and Career Readiness</i> Dr. Joe Dell Brasel	405- <i>Understanding the Misbehavior of Children</i> Dr. Larry Sexton 406 – <i>Supporting LGBTQ Students</i> Jack Jacobs, Autumn Reece	407 – <i>PREPaRE: An Overview of a School Crisis Prevention Program</i> Penny Mills, Bethanie Brogli Opell *Parking Lot College Info Road Show	408– <i>N.E.T. Connection: Application to Counseling Practice</i> Dr. Mary Bemker & Richard Holladay	409 – <i>Mindfulness: How to Focus Your Attention, Reduce Emotional Reactivity and Connect to an Inner Wisdom</i> Dr. Jan Anderson	410 – <i>Pathological Gambling: The Hidden Addiction</i> Dr. Herbert E Newman 411 – <i>Identifying the Disease! Use, Abuse and Addictions: Treatment Modalities and Approaches</i> Wayne Hoffman	Suggested Session: 409 <i>Mindfulness: How to Focus Your Attention, Reduce Emotional Reactivity and Connect to an Inner Wisdom</i> Dr. Jan Anderson	AMSR – Dr. Connie Callahan
Sessions 501 – 511 Thursday 3:10 – 4:00	501 <i>Finding Purpose on the Path to Wellness</i> Dr. Jennifer Williamson, Dr. Daniel Williamson 502 – <i>Domestic Violence in Rural Areas</i> Dr. Loretia Dye 503 <i>Counselor Self- Care: Mindfulness, Relaxation, and other Self Re- Renewal Strategies</i> Dr. Kristin I. Douglas	504 – <i>The DSM5 and Best Ethical Practices- part 2</i> Dr. Ken Engebretson	505 – <i>The Hidden Profession: Science Jobs in Abundance</i> Dr. Gary Brown	506 – <i>Disney Pillowcase Disaster Preparedness Project (Disaster Services - American Red Cross)</i> Kim Jackson, Stinson Miller 507 – <i>When Brain Injury Comes to School</i> Eddie Reynolds	508 – <i>Expanding Your College Counseling Knowledge with KHEAA</i> Audrey Fowler 509 – <i>Adventure Based Counseling with Groups or Families</i> Dr. Imelda N. Bratton *College Info Road Show	510 <i>The Discrimination Model of Clinical Supervision: Knowledge and Application of this 3X3 Matrix</i> Susan Patterson	511– <i>Military Culture 101</i> Linda Ringleka	512 – <i>Getting to the Second Session: Brief Strategic Approaches in Substance Abuse Counseling</i> Geoff Wilson	Suggested Sessions: 501 <i>Finding Purpose.....</i> 503 <i>Depression and Suicide</i>	AMSR – Dr. Connie Callahan
Sessions 601 – 610	601 <i>Helping Clients to Resolve Their</i>	603- <i>Ethics 2014: Consultation</i>	604 – <i>Career Tips for Counselors:</i>	605 – <i>Disney Pillowcase</i>	607 – <i>The Professional Growth and</i>	609 – <i>Systemic Principles of</i>	610 - <i>Practical Utilization of the</i>	611 – <i>Don't Let the One Red Light</i>	Suggested	AMSR - Dr. Connie

Thursday 4:10 – 5:00	<i>Family of Origin Issues: Healing Personal, Family, and Professional Relationships</i> Dr. Daya Sandhu Dr. Jeffrey Parsons 602 <i>Improving Mental Health with Positive Aging</i> Dr. Jody Giles	<i>and Ethical Decision Making</i> Dr. Ken Engebretson	<i>Explore, Negotiate, and Secure your Dream Job</i> Dr. Cheryl Wolf	<i>Disaster Preparedness Project cont.</i> Kim Jackson, Stinson Miller 606 – Grief 101: <i>Working with Children who are Grieving the Loss of a Loved One</i> Jodi Allen	<i>Effectiveness System for School Counselors (OPGES)</i> Jennifer Smith KDE 608 <i>What's New in Infinite Campus?</i> Lisa Rhoton <i>*College Info Road Show</i>	<i>Balance in Therapy and Life</i> Dr. Gary Patton	<i>Military Success Model</i> Dr. Neil Duchac; Jill Minor, NKU	<i>Fool Ya: Making Big Changes</i> Kelli Long & Amy Hutchinson 612 – <i>Unforeseen Consequences of Synthetic Marijuana Use</i> Dr. Mary Bemker & Richard Holladay	Sessions: 602 <i>Improving Mental Health with Positive Aging</i> Dr. Jody Giles 609 <i>Principles of Balance in Therapy and Life</i> Dr. Gary Patton	Callahan
5:00 - 5:15	Exhibit	Hall	Prize	Drawings		Silent	Auction			
5:20 – 6:30 Meetings	KMHCA-Elliott 5:20 – 6:00		KACES-Knox 6:00 – 6:40		KASGW-Madison 5:20-6:00					
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ROOMS										
EARLY BIRD Friday 7:30 – 8:15	700A - <i>Publishing in the Journal of Counseling & Development</i> Dr. Richard S. Balkin	700B - <i>Competencies in Supervision</i> David C. Maynard	700C - <i>Creativity in Career Counseling</i> Dr. Amber Hughes		700D - <i>Activity Therapy with Adolescents</i> Lena Kline			700E - <i>Application of Neurolinguistic Programming: Treatment and Relapse Prevention of Addictive Behaviors</i> Dr. Daya Sandhu; Dr. Edwin Gunberg		
Sessions 701-710 Friday 8:20 – 9:10	701 – <i>DSM5: A Paradigm Shift</i> Aaron Frye 702 <i>A Profession in Pain: Some Self-Care Strategies for Mental Health Counselors</i> Dr. Daya Sandhu; Susan Patterson Dr. Patrice McCarter	703 – <i>When Ethical Boundaries Soften..... part 1</i> Dr. Mary Bemker & Richard Holladay	704 – <i>Students get their Careers on TRACK</i> Mary Taylor	705 – <i>Effects of Biculturally Focused Counseling on Latino Middle School Students</i> Callie Martin, Dr. Susana Contreras Bloomdahl 706 – Room <i>Interventions to Use with Parents of Challenging Adolescents: Brief Strategic Family Therapy</i>	707 – <i>STEM: Fueling the Future</i> Jan Tkaczyk 708- Room <i>Aggression Replacement Training (ART)</i> Marcia Lemon	709- <i>Counseling the Culturally Diverse: Arab-Americans</i> Stacy Crick, Natalie Riggs and Dr. Samir Patel	710 – <i>Military Culture 101</i> Linda Ringleka	711 – <i>Special Issues in Substance Abuse in Rural Kentucky</i> Dr. Kathy Walczak	Suggested Session: 702 <i>A Profession in Pain: Some Self-Care Strategies</i> ... Dr Daya Sandhu, Susan Patterson, Patrice McCarter	

				Lena Kline						
Sessions 801-810 Friday 9:20 – 10:10	801 – <i>Experiencing Solution-Focused Guided Imagery</i> Dr. Gerald Sklare 802 – <i>Guided Imagery for Groups</i> Dr. Rebecca Pender	803 – <i>When Ethical Boundaries Softened.....part 2</i> Dr. Mary Bemker & Richard Holladay 804 – <i>Preparing to be an Expert or Lay Witness</i> Dr. Imelda N. Bratton; John Wallace, J.D. Attorney	805 – <i>Financial Aid Policy Changes Means Early Career Development</i> Elizabeth M. Cole, Leslie Bays	806 – <i>We Got Skills (Motivating Students to Do Their Best)</i> Stephanie Curl	807 – <i>The Professional Growth and Effectiveness System for School Counselors (OPGES)</i> Jennifer Smith KDE 808– <i>School Counseling with a Social Justice Lens</i> Michelle Sircy, Damien Sweeney	Select A Session	809- <i>PTSD and Body- Based Therapies</i> Dr. Jason Bluemlein	810 – <i>Fetal Alcohol Spectrum Disorders: 1 in 100</i> Laura Nagle	811 - <i>What Happened to My Retirement in the 2014 Legislative Session?</i> Dr. Bob Wagoner Mr. Beau Barnes	
10:30 – 12:00 Awards Brunch In CROWNE A										
1:00 – 4:00		Free Post Conference in Whitley For EILA and/or CEU Clock Hours <i>HEAR -Helping Everyone Achieve Respect: Minimizing Bullying and Improving School Climate</i> Mackenzie Hanes								